

The Animal Healing Trust

Summer Newsletter 2009

Welcome to our Summer Newsletter!

As always such a lot has been going on...

First of all let us welcome our newest edition the lovely **Springy!!!**

Springy is a beautiful Chestnut Mare, 30 years young! (That's about 90 in horse years!) Her owner has had her an amazing 20 years! Unfortunately he has recently undergone knee surgery & has been unable to cope with her so we had a chat & agreed to take her on.

There is a big lesson here, one that

field & she owned other horses on it. She agreed & helped me walk Springy back to her field. This is where the lesson comes... Helen told me that Springy had lived on that field for 7 years & lived with 5 other horses for that time! They were all her friends or even family. One of them in particular was very special to her, he was called 'Gossip' (his mom had been called 'Chatterbox!') & was a beautiful dark brown almost black gelding & they were married!!

No wonder she hadn't wanted to get on that horse lorry! She didn't want to leave her family or her husband! And there was us daft humans thinking of what was best for us, which was to take her to our home & re-home her with our other rescue horses. Where as what was best for Springy, for her emotional, mental, physical & spiritual well being was to stay with her family for the rest of her years.

So I had a chat with the owner & he agreed to still sign her over to us (Thank you Bob!) And then I had a chat with Helen & she agreed that the charity would take over paying for Springy's field rent, & other costs involved & she could stay there with Helens horses. Thank you Helen!

So a happy ending for Springy!!!
Beautiful Springy!

A week after we took her on the farrier was called to do her feet & gave her a lovely pedicure! Unfortunately he found a nasty abscess in one of her feet, it was so bad we had to call the vet out who prescribed a course of antibiotics as her leg had swollen up with the infection.

Many thanks to Helen! Helen bandaged Springy's foot & changed the dressing

each day for us until she got better. That was so kind of you Helen as we were unable to make the daily journey to see her. Also thanks to everyone who sent her Reiki Healing.

Since her recovery she has been enjoying the company of her friends, family & of course her husband Gossip! And has been happy eating lots of yummy grass as Helens fields have amazing – mud free – grass!

CAN YOU HELP SPRINGY?

Beautiful Springy has yet to have any sponsors!

She is such a beautiful lady & it would be wonderful for her to have some sponsors.

When the winter comes she will need to go onto some supplements (due to her age) & will need to have a couple of horse coats to keep her warm. This is in addition to having her feet done regularly & having her teeth looked at asap. If you can either sponsor her (for as little as £3 per month) or send a donation for 'Springy's fund' then please let us know, we would be so grateful.

Can I thank Clare Elwell who had a collection at work & raised £77 for us, this went to pay for Springy's field rent, a wormer & a bag of carrots!

Thank You Clare.



The Beautiful Springy

Springy taught us very well... I arrived with our good friends Jayne & John & their super horse lorry to load Springy to bring her back to Alvechurch however this docile elderly horse became like a wild youngster! She Did Not want to go on the lorry – she twizzled & turned & legged it on several occasions! Not even carrots on the ramp would entice her! After a couple of hours we decided enough was enough as she was understandably getting stressed so I asked Helen if it was OK if Springy stayed for a couple of weeks more until we could arrange to move her again. It was Helen's



Springy's Herd

What's Going On With Beautiful Faith?



Photo: Martin Cheattie

Faith all a Glow

Well some big news folks!!! We think Michael's Mom may be a Mom again soon! Yes we think Faith is pregnant!!!

Michael himself has put weight on & has a little tummy now but Faith has actually changed shape & both Richard & myself have seen something move inside! WOW!

Also Jayne, Debbie & Karen came over yesterday & Jayne inspected Faith's tummy & showed us how Faith's teets have become enlarged so her body is definitely preparing for the baby.

As you know Faith was mated with a large horse as part of her time in an animal experiment laboratory & Michael was born, Michael isn't even a year old yet & is taller than his Mom! Obviously we don't know what the birth was like or what assistance she had during the process. All we know is that her & Michael are both



Photo: Martin Cheattie

The Growing Michael

well now. If she has been mated with a large horse again then we just pray that she will have an easy birth this time round & her & her baby will be both safe & healthy. As you know she is still wary of humans (who can blame her) & we are still unable to stroke her or hug her (even though we would love to!) she does allow us to get quite close to her though & sit near her while she eats her breakfast & supper. We just have to **Trust** that when the birth happens she will either be able to completely deal with it on her own, or she will allow us & the vet to help as she will know that we **Only** want to help her, we have promised her that she will **Never** be harmed again!

For anyone who would like to help us financially with this (as obviously whatever happens the vet will need to be called) or in any other way (Reiki healing etc) then please let us know.

Our Boy Bailey!

Our beautiful boy Bailey has been having a tough time. Even though he has regular Reiki Healing, herbs, supplements & Bowen therapy we started to notice that his mobility was becoming restricted, he would literally hobble around the field & we would regularly find him lying down in the field unable to get up to play or to even just hang out with his mates. We even found beautiful Bobby (who is Baileys best mate) standing over Bailey the one day, guarding him, while he rested his aching limbs.



Photo: Martin Cheattie

Bailey's Painful Feet

We knew something had to be done for him & rather urgently!

It was the lovely Louise, who is the horses Bowen therapist who first suggested a guy called Tim Barnett, who is a Equine

Podiatrist, which means a Horse Foot expert! And then the following day the lovely Jayne Bills (Auntie Jayne with the horse lorry) then sent me a text about the same guy! The Universe had spoken!

I rang Tim & arranged for him to visit Bailey asap. When he arrived I liked him straight away! He is so into the same beliefs that we are with horses, which basically is to respect them & to work with them in partnership.

He did a lot of work with Bailey to just gain his trust, hugged him & stroked him & when Bailey didn't want to lift his feet up (as probably too painful) Tim respected that & didn't force him which was wonderful!

Tim suggested that we call the vet out to give Bailey some sedation & pain killers so that Tim could work on him which we did & sure enough after the vet sedated Bailey Tim got to work (quickly before it wore off!) on Baileys feet.

Tim is so passionate about his work & explained to me, Richard & Naomi who was with us (another Charity supporter & helper) how Baileys feet were growing incorrectly and needed a lot of work to encourage them & teach them to grow correctly! He did as much as he could that day but didn't want to do too much as he explained that it's a bit like us having our toe nails cut too short – it would actually hurt!

He agreed to return weekly to work with Bailey & we are so grateful to Tim as we noticed immediately how Bailey was walking differently. Tim showed us how to do some gentle exercises with him too, to encourage his muscles to work & develop & we did this for 20 minutes each day with him (& so did his Uncle Paul when he visited him).

I am delighted to now report that when we shout 'Dinner Time!' Bailey runs yes **Runs** up the field with his best mate Bobby!!! How amazing is that!! From hobbling & limping to running in a few weeks!

We want to take a moment to thank Tim, we really do, he has truly been heaven sent!

Tim has now also done Billy's feet, (even though Billy was reluctant, again Tim was very patient & did some gentle

New Website! & Sponsoring The Horses

Have you visited our new website yet! This was finished recently by the very wonderful Martin Cheatele & our new logo is on their too.

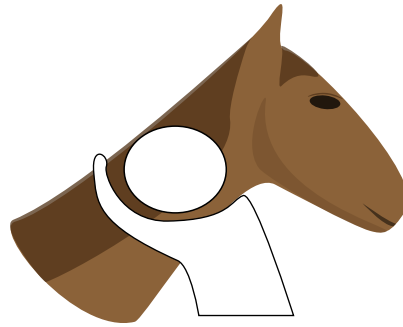


Photo: Martin Cheatele
Tim Hard at Work

exercises with him first) & also done Divine Daisy's dainty feet, then Inka, lovely little Inka & also Bobby, yes Bobby! I was amazed that he actually got Bobby to stand still!!! Richard said he was so good, & stood patiently while Tim did his magic! **So** that's all the 5 done.

In the other field Miracle was more than happy to be pampered & loved having her feet done, Alfie on the other hand was having none of it! And ran away pretending to be scared! (He's not scared anymore really, he is just being Alfie!) And Faith really wasn't having her feet done & that's fine we didn't think she would & as for Michael well we are thinking of changing his name to Nipper as he keeps nipping people, especially their bottoms!! Hilarious! So Tim did some exercises with him instead.

Alfie did have his feet done on another occasion & can I just take a moment to apologise to Maria Sheepy who visited us with June Fisher to drop off Jumble & make a donation We were just in the middle of one of Tim's many visits doing horse feet & I had caught Alfie & was holding him & then the Hay man arrived with Hay so I quickly gave poor Maria Alfie to hold & dashed off!! When I got back I could see her holding Alfie & explaining how she had never been that close to a horse before let alone hold one! And June was hilariously keeping Michael aka 'Nipper' at bay!! How funny! Ladies thanks for coming over & may that be a lesson to you all, if you visit the horses you are bound to get roped into helping in some way! Hilarious!

We would like to say an enormous thank you to Martin as this has been a vehicle to so many great opportunities! We have had people contact us from all over the UK who have been on & want to discuss the horses, help or get involved etc

On there you can find a printable sponsor form so you can Sponsor one of our horses if you wish for as little as £3 per month, many thanks to all who have sponsored a horse so far! Also you can make a one off online donation through PayPal.

If you have sponsored a horse and you haven't had a letter of acknowledgement yet please accept our apologies we have been behind with the admin & I am catching up as quick as I can!

If you would like to Sponsor one of the horses, make a donation or just like to look then please visit,

www.animalhealingtrust.org

Also can I take this opportunity to thank Jo Davey & Karen Dowling for all their support with helping to attract Sponsors for the horses, I really appreciate all you have done! And also to a wonderful Company called Office Broker.Com who have also Sponsored the horses, one of the Directors has even personally sponsored our Bailey! And many of the People who work there have also sponsored horses too! Jo Disney has written a wonderful article for their website about us, thanks to you all!!!!

What Else Has Been Going On...

We had a fantastic Fund Raising event earlier this Summer, a brilliant FANCY DRESS PARTY! Richard & his band 'Good Times' played a wonderful gig (Thanks Phil, Mick, Ashley & Leigh – you were all great!) & everyone who attended made a huge effort & there were wonderful costumes, there were so many, from Indiana Jones to a Greek Goddess, an Angel, Minnie Mouse, Pharoah, Tiger, Amy Winehouse, St Trinian Girls, Little Red Riding Hood & the Wolf! & even Charlie Chaplin! (My Dad with an eyeliner moustache!) We laughed & danced, laughed & danced & raised £600 in the process!!!!

**SO THANKS TO ALL WHO
ATTENDED!**

We will be having another one at Christmas on Saturday 19th December, ticket only again, & you can buy the tickets from me or Richard for £10. Hurry as tickets are limited.

We have had another Jumble Sale – raised £200 – thanks to all who helped – Carol Deakin for advertising the event, & helpers, Carolyn, Roy & Ashley, Judy, Naomi, Kirk & Clare, My Mom & Sister Louise, Lizzie, Kim & Vicky & Mike (& their baby daughter Angel! How is!)

We have had some wonderful help from some wonderful people so thanks;

To Deb Wooten who has done several car boot sales over the summer & has raised £200 for us! Wow thank you so much!

Again to Deb Wooten & Jayne Bills who bought us **2 Brand New** horse coats! And gave us sacks of horse food, carrots, buckets & £60 cash! Wow again & thank you so much!

To Kim McCabe for her financial support & for her laughter when she fell in the mud when visiting the horses & got her beautiful white trousers covered in mud!!

To Jan & Pat & also Carolyn & Roy for their regular & committed support to mucking out on Saturdays, & digging trenches when the rain has been so bad

(in the Summer!) it has flooded the Stables!

To Kerry for also mucking out & for looking after the horses when we went away for the weekend!

To Ken & Debbie for doing Reiki Treatments & Angel Card readings & donating the proceeds to us.

To class 3o at Fairhaven Primary School, Wordsley for raising £50 for the horses! Thank you that was so kind of you all!

– Maxine McKeown - who usually helps with the course, doing refreshments, seating etc & they had agreed that if I did that job instead then they could offer me a free place! Yes a free place! I could go for free! How amazing is that! Obviously I burst into tears (of joy) & then jumped up & down with excitement all around our kitchen. Thank you so much Sue for inviting me & Maxine for giving up your place for me to go that is so wonderful! What wonderful people you are!

I then knew all I had to find were the other costs involved, accommodation,

but I disagree, what you did for me was such a kind hearted thing to do. Thank you so much, I am truly grateful!

The course was truly amazing & I learnt so much & for that I am so grateful to Amelia for sharing her amazing gift, humour & encouragement, she is an inspiration! For me it was a life changing experience! It was so wonderful to be with like minded people who are also so passionate about animals & want to help, protect & care for animals. Clare, Emily, Simon, Denise, Karen, Elena, Tracey, Russ & Saffie (the doggie!) you were all wonderful & I know I have made some friends for life! Love you all! As for Amelia, she is without a doubt the closest I have ever felt to meeting an Angel! She is really amazing!! So beautiful, inside & out, just being around her was an honour.

As well as doing some amazing teaching over the weekend she was also really interested in the Charity & the work we are doing & even got me to do a talk to the students on the second day. She also said she would like to visit the horses when she returns next year!!! **WOW!!**
Thank you Amelia.



Sue and Amelia

And Then There Was Amelia Kinkade

I am a huge fan of Amelia Kinkade who is probably the worlds most famous Animal Healer & Communicator! She has written books, been on TV etc & works all around the world.

I discovered she was coming to the UK in August & emailed her UK agent to enquire the price of her course. She replied & I realised I wouldn't be able to afford to go as we were in the middle of the emotional episode of Bailey with his poorly feet & had just had the vet bill of £139.

Anyway I replied to the agent - Sue Bond thanked her & told her about the Charity & gave her the website address. She rang me in the evening & said how impressed she was with the website (see told you Martin had done a great job!) & what the Charity was achieving & how Amelia liked to support small charities & said she had a proposition for me.....she had spoken to her friend

petrol & meals etc. And then another miracle happened, I had a phone call from a beautiful lady in Scotland who had been on the website & she also wanted me to go on Amelia's course (How amazing!) As she felt it would really help my work with the animals too. When I explained about the free place she said she still wanted to help & would send me money to cover my accommodation, petrol & meal costs instead!! How amazing is that! What a wonderful lady! Stephanie I know you said you didn't want thanking



Photo: Martin Cheate

Playing Chase

How you can help?

The Horses are costing us several hundred pounds per month so ANY HELP is always appreciated & ALL monies received go totally to the horses.

YOU CAN HELP BY :

Sponsoring a horse! By paying a monthly amount of your choosing will help us achieve a regular income which is so very important as our intention is to have financial security for the horses.

Make a donation! – this will also help us financially with ongoing costs such as Field Rent, Food bills, Horse dentist, Vets Bills.

Raise Funds for us! – if you have an idea of how to raise funds for us then that would be great! If you wish to chat to us about it for any support then please do! We are always so grateful for people raising money for the horses.

Support our own Fund Raising activities! – We have regular Fund raising events so keep checking the website for details, there is a fancy dress in December & hopefully an open day late September

or early October.

Support our Appeals! – Sometimes we have 'emergency' appeals when we have a specific need for an injection of cash to help a horse or pony! We usually send text messages round urgently asking for help (eg when we had to raise money within 24 hours to rescue Miracle) Please let us know if you would like to be included in these appeals.

Donate some food for the horses! – the horses always need food so you could donate a bag of carrots, apples or pears (the girls love the pears!) or a bag of food (pony nuts, chaff, or mix – all under £10 each)

Donate a Coat! – the horses will need coats on when the weather starts getting cold so you could donate a new or nearly new coat – any sizes are welcome – we particularly need the larger ones such as 6 foot 6 inches as the boys are huge & tend to ruin them quickly! Baby Michael will need one too but we haven't measured him yet!

Volunteer! – we welcome volunteers for many activities such as mucking out, repairing fences & gates, building field shelters & helping at fund raising days,

making cakes, raffles etc. Give us a ring if you would like to help in any way.

Become involved with the Horses Healing! – for the horses on going happiness & well being we offer them many different types of therapies & healing. (Usually if they don't want it they will walk away & another one will come to you who wants it instead!) If you would like to offer your services please call us for a chat. You may wish to offer a one off session or be part of our Team who speed into action if there is a specific issue that needs addressing.

Put a link to our website! – If you have a website & would like to link to us to raise awareness of the charity then please let us know – this will be Martin's field of expertise so we will pass you to him!

Tell your Friends & Family! – the more people that know about us the more chance we have of raising more money for the horses – so please give out our website details as often as you can!

Buy a Calendar! – the 2010 Calendar is being worked on at the moment! They went like hot cakes last year so if you are interested in reserving any please let us know. They will be £10 again.

And Finally.....

Thank you to everyone who helps us, supports us, volunteers for us, in all the many & different ways. Thank you!

We have some very happy horses & ponies now & for all of you who have helped them achieve their happiness & well being we thank you from our hearts.

May God Bless You All

Love always

Sue & Richard

ANIMAL HEALING TRUST NEWSLETTER

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